Introduction and ARDMS Credentials

About This Guide
This guide provides quick-reference application information for the American Registry for Diagnostic Medical Sonography® (ARDMS®) examinations for the RDMS®, RDCS®, RVT® and RMSKS™ credentials. For comprehensive application information on all ARDMS examinations, please visit ARDMS.org/GetCertified.

About ARDMS
Since 1975, the American Registry for Diagnostic Medical Sonography has been administering examinations and awarding credentials in the areas of ultrasound and is considered the global standard of excellence in sonography. Our mission is to empower sonographers to provide exceptional patient care through rigorous assessments and continual learning.

Organizational Structure
The ARDMS is part of the non-profit Inteleos™ family of Councils, which includes the Alliance for Physician Certification & Advancement™ (APCA™). To better meet the needs of diverse healthcare professionals around the world, Inteleos and APCA join the ARDMS in furthering its long-standing mission of raising the global standards of excellence in healthcare and patient safety.

ARDMS Awards the Following Sonography Credentials:

RDMS® Registered Diagnostic Medical Sonographer®
RDCS® Registered Diagnostic Cardiac Sonographer®
RVT® Registered Vascular Technologist®
RMSKS™ Registered Musculoskeletal Sonographer™

Physicians: You may hold ARDMS sonographer-level credentials. Since APCA is a companion Council to ARDMS, you may apply and manage sonographer-level credentials through your MY APCA account. Visit APCA.org/GetCertified for more information.
ARDMS Credential Pathways

The only means of earning an ARDMS credential is by examination. For the RDMS, RDCS, RVT and RMSKS credentials, applicants must pass two comprehensive examinations: (1) the Sonography Principles & Instrumentation (SPI) examination; and (2) at least one corresponding specialty examination. The examinations may be taken in any order but must be passed within five years of each other. Additional credentials can be earned without re-taking the SPI examination (provided Active Status is maintained). For comprehensive application information for all ARDMS examinations, visit ARDMS.org/GetCertified.

**ARDMS Five-Year Rule**

Candidates are required to pass both the SPI examination and a corresponding specialty examination within five years of each other. Visit ARDMS.org/FiveYearRule to learn more.

*Applicants may pursue the FE specialty under either the RDMS or RDCS credential. Once you pass the examination toward earning either the RDMS or RDCS credential, it cannot be switched.
Overview of the Application Process

**Step 1**
Review the examination prerequisites at [ARDMS.org/GetCertified](https://ardms.org/getcertified) to ensure you meet the requirements.

First-time Applicants must choose a prerequisite/requirement.

**FE, MSKS, PE and PS Applicants:** Please note that applications and administrations are only offered during select periods of the year for these examinations. Visit [ARDMS.org/GetCertified](https://ardms.org/getcertified) for more information.

**Step 2**
Fill out, pay for and submit your application at [ARDMS.org/MYARDMS](https://ardms.org/myardms) or [APCA.org/MYAPCA](https://apca.org/myapca) if you are a physician. Review your online application summary page for the required supporting documentation and the documentation due date. You may now submit your supporting documentation by uploading it into your MY ARDMS account (MY APCA for physicians)! Review of documentation can take up to a business week once received; you’ll be notified by email once the review is complete. To check the status of your documentation, log on to [ARDMS.org/MYARDMS](https://ardms.org/myardms) or [APCA.org/MYAPCA](https://apca.org/myapca) for physicians.

**Step 3**
Read the Examination Confirmation Letter that is emailed to eligible Applicants. Examination Confirmation Letters are also located on [MY ARDMS](https://ardms.org/myardms) (or MY APCA for physicians). A website address and toll-free number are provided so Applicants can schedule an appointment. Test Centers are located in the U.S., Canada and select international locations. Applicants deemed ineligible are notified in writing, explaining the reasons for that decision. The ARDMS retains a $100 USD processing fee for each examination.

**Step 4**
Prepare for the examination by visiting [ARDMS.org/GetCertified](https://ardms.org/getcertified) to select your examination and:

- Review the content outlines
- Register to take a practice test
- Review tips for your examination day
- Sign up to receive the latest examination updates
- Review Advanced Item Type questions

**Step 5**
Take the examination. All examinations are administered on a computer in a secure test center.

**For SPI, AB, AE, BR, OB/GYN, and VT Applicants:** The printed examination score is immediately provided upon completion of the examination and is automatically sent to the ARDMS for final review and acceptance.

**For FE, MSKS, PE and PS Applicants:** You will not receive your score upon completion of your examination. Scores will be available approximately 60 days after the examination administration period ends. When available, your score report will be posted to your [MY ARDMS](https://ardms.org/myardms) secure site (or [MY APCA](https://apca.org/myapca) if you are a physician). You will receive an email and instructions on how to access your score via [ARDMS.org/MYARDMS](https://ardms.org/myardms) (or [APCA.org/MYAPCA](https://apca.org/myapca)) when the score becomes available. The award date of your credential will be the date the score is officially released if the appropriate physics examination was previously passed and has not been rescinded due to the five-year rule.

* Visit [ARDMS.org/Schedule](https://ardms.org/schedule) for a current list of test center locations.
Overview of the Application Process and Choosing a Prerequisite

SPI Examination Requirement

The Sonography Principles & Instrumentation (SPI) Examination Requirement allows students to apply for and take the SPI examination prior to graduation. The SPI Examination Requirement can be found in the Prerequisite section of this guide.

The SPI Examination Requirement cannot be used when applying for a specialty examination (e.g. AB, BR, OB/GYN, FE, AE, MSKS, PE, PS, VT). Applicants previously approved for the SPI examination under the SPI Examination Requirement must choose a prerequisite in order to apply for a specialty examination.

Choosing a Prerequisite

To earn an ARDMS credential, Applicants must choose and meet the requirements of a prerequisite.

Please follow the steps below.

1. Review the Prerequisite Chart section of this guide.

2. Find your education level in the section labeled Education.

3. Ensure you have met the clinical experience requirement within that prerequisite.

4. When you see a numbered term, please refer to Notes About the Prerequisites section of this guide.

5. Assemble the required documentation under Documentation Required with Application and submit with the online application form and appropriate fees. You may now submit your documentation by uploading it into your MY ARDMS account (or MY APCA for physicians)!

Eligibility will not be determined by telephone, fax or e-mail. For a complete prerequisite chart, log on to ARDMS.org/PrereqChart.

Applicants must apply online, pay all fees, and submit all of the required supporting documentation by the deadline provided in order for ARDMS to determine eligibility.
Registered Musculoskeletal Sonographer – RMSKS Credential
Examination Prerequisite

Note: All listed items must be met and completed prior to application submission

Education
Must hold an active credential or license in a health related field*.

Individuals who hold a valid medical license in good standing without any conditions or restrictions to practice medicine as an MD, DO, DPM, MBBS, DC, NP, PA, DPT or PT must apply for the RMSKS credential offered by APCA, ARDMS’ companion Council.

Required Clinical Musculoskeletal Ultrasound Experience
Performed a minimum of 150 musculoskeletal ultrasound studies within the preceding 36 months of application. None of the 150 case log requirement can be labeled as therapeutic (injection or aspiration). For purposes of satisfying this requirement, these studies must be completed on an actual patient in a clinical diagnostic** setting. Simulation is not acceptable for this attestation.

Recommended Continuing Medical Education (CME)
Although CMEs are not required to apply for the MSKS examination, ARDMS highly recommends and encourages Applicants to earn a minimum of 30 musculoskeletal ultrasound specific CMEs to assist with preparing to take the MSKS examination. Applicants do not need to submit CME documentation as this is only a recommendation and not a requirement.

Documentation Required with Application
1. Copy of current, valid license or active credential in a health related field***.

3. Applicants must maintain a patient log indicating that he/she has performed a minimum of 150 musculoskeletal ultrasound studies within the preceding 36 months of application. None of the 150 case log requirement can be labeled as therapeutic (injection or aspiration). This log does not need to be submitted with the application but may be requested as part of a random audit. This documentation should be maintained by the applicant for at least 36 months following the date of application for the MSKS examination.

4. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

*An individual whose health care practice is enhanced, or directly related to, the use of musculoskeletal sonography. Completion of an allied healthcare education program does not meet this requirement.

**Clinical diagnostic settings include hospitals, clinics and private practices. ARDMS does not accept volunteer, instructorship, unpaid, barter or veterinarian experience.

***Individuals who hold a valid medical license in good standing without any conditions or restrictions to practice medicine as an MD, DO, DPM, MBBS, DC, NP, PA, DPT or PT must apply for the RMSKS credential offered by APCA, ARDMS’ companion Council.

Note: The name on all supporting documentation must be consistent and must match the name under which you apply. If it does not, you will need to submit legal documentation of the name change (e.g. a marriage/divorce certificate) and all other supporting documentation.

For MSKS application dates, and examination administration dates, visit ARDMS.org/MSKS and select Schedule.
Maintenance of Certification

Maintenance of Certification (MOC) improves patient care by ensuring continuous lifelong learning and professional development throughout your sonography career. MOC gives your employers, patients and co-workers confidence in the ongoing value of your ARDMS credentials. Visit ARDMS.org/MOC to learn more.

Recertification Update

The ARDMS recertification programs for the RDMS, RDCS, RVT and RMSKS credentials have been put on hold until further notice. To learn more, visit ARDMS.org/Recertification.

This graphic represents the life-cycle of an ARDMS Registrant from earning to maintaining a credential.

*An annual renewal fee is assessed to all Registrants for the upcoming year regardless of when the initial credential is earned. Registrants who earn their initial credential in December will have until the end of February the following year to submit the annual renewal fee.
Examination Requirements & Prerequisites

SPI Examination Requirement
Note: All listed items must be met and completed prior to submission. See the Notes About the SPI Requirement on page 10.

Education
Successful completion of a general, medical or sonographic physics class/seminar/course.

Documentation Required with Application
1. A transcript (see transcript requirements below) reflecting successful completion of a graded general, medical or sonographic college, post-secondary or higher education physics class (with a grade of C or above);

OR
A CME certificate denoting successful completion of a general, medical or sonographic physics seminar, physics review course, or physics correspondence course, denoting a minimum award of 12 ARDMS-accepted CME credits. The certificate must meet ARDMS CME documentation requirements (visit ARDMS.org/CME to view ARDMS-accepted CMEs). The CME credits must be earned within two (2) years prior to application submission.

2. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

Transcript Requirements
• Name of Applicant and school must be printed on the transcript; handwritten information will not be accepted.
• The class or course name must specifically indicate Physics, Physical Principles and/or Instrumentation in the title and be printed on the transcript. Supplementary information will not be accepted.
• Transcript can be unofficial or official.
• If submitting a foreign transcript or degree, a formal course by course foreign transcript evaluation report must accompany the application summary and indicate the aforementioned requirements.
• Transcripts indicating only a number grade must include a grade key printed on the transcript showing the equivalent letter grade. Supplementary information will not be accepted.
• A grade report will not be accepted in lieu of the transcript (unofficial or official).

Prerequisite 1
Note: All listed items must be met and completed prior to submission. See the Notes About the Prerequisites on page 11 for footnotes, definitions and complete details.

Education
A single two-year allied health education program that is patient-care related.

Allied health occupations include, but are not limited to, diagnostic medical sonographer, radiologic technologist, respiratory therapist, occupational therapist, physical therapist and registered nurse.

Required Clinical Ultrasound/Vascular Experience
12 months of full-time clinical ultrasound/vascular experience.

Note: If you are using your DMS/CVT program for the educational requirement, you still have to document an additional 12 months of full-time clinical ultrasound/vascular experience earned outside the two-year program.

Documentation Required with Application
1. Copy of an official transcript from a two-year allied health education program as noted in the Education requirement of this prerequisite. Must state specific number of credits and indicate quarter or semester based system. Must include graduation information.

2. Copy of education program certificate, certification or license.

3. Letter from a supervising physician, ARDMS-Registered sonographer/technologist or the educational program director indicating a minimum of 12 months of full-time clinical/vascular experience indicating exact dates of ultrasound experience/successful completion of sonography program. For required letter content, please visit ARDMS.org/SampleLetters.

4. Signed and completed clinical verification (CV) form for each appropriate specialty area(s). CV forms are available at ARDMS.org/CV.

5. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

Prerequisite 2
Note: All listed items must be met and completed prior to submission. ARDMS does not allow for retro accreditation. See the Notes About the Prerequisites on page 11 for footnotes, definitions and complete details.

Education
Graduate or a student in a program accredited by an agency recognized by the Council for Higher Education Accreditation (CHEA), United States Department of Education (USDOE) or Canadian Medical Association (CMA)/Canadian Health Standards Organization (HSO), that specifically conducts programmatic accreditation for diagnostic medical sonography/diagnostic cardiac sonography/vascular technology. Currently the only organizations that offer programmatic accreditation under the aforementioned associations are the Commission on Accreditation of Allied Health Education Programs (CAAHEP) and the Canadian Medical Association (CMA) / Canadian Health Standards Organization (HSO). Students whose Program Directors use the Paperless Prerequisite 2 Application Program may apply for the examination(s) up to 60 days prior to graduation. For more information, please visit ARDMS.org/paperless-application.

Required Clinical Ultrasound/Vascular Experience
No additional experience is required.

Documentation Required with Application
1. Copy of a diploma from an ultrasound/vascular program or copy of an official transcript indicating the date the degree was conferred.

2. Letter signed by your program director and/or medical director indicating your date of graduation or successful completion of the program. Program directors must use the mandatory formatted sample letter, available at ARDMS.org/SampleLetters.

3. The CV form is not required if the application is submitted and received within one year after successful completion of the program. Otherwise a signed and completed CV form for each appropriate specialty area(s) must be submitted. CV forms are available at ARDMS.org/CV.

4. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

ARDMS offers a Paperless Application Program for Prerequisite 2 Applicants. For more information please visit ARDMS.org/Apply.
**Prerequisite 3A**
Note: All listed items must be met and completed prior to submission. See the Notes About the Prerequisites on page 11 for footnotes, definitions and complete details.

**Education**  
Bachelor’s degree (any major) or foreign degree equivalent to a Bachelor’s degree in the U.S. or Canada.

**Required Clinical Ultrasound/Vascular Experience**  
12 months of full-time clinical ultrasound/vascular experience.

**Documentation Required with Application**  
1. Copy of a Bachelor’s degree or copy of an official transcript earned in the U.S. or Canada or a copy of a formal foreign transcript evaluation report indicating that the degree is equivalent to a Bachelor’s degree in the U.S. or Canada.

2. Letter from a supervising physician, ARDMS-Registered sonographer/technologist or an educational program director indicating a minimum of 12 months of full-time clinical/vascular experience including exact dates of ultrasound experience/vascular experience is needed. Program directors must use the mandatory formatted student or graduate sample letters, available at ARDMS.org/SampleLetters.

3. The clinical verification (CV) form is not required if the application is submitted and received within one year prior to successful completion of the program, provided that the Applicant has completed 12 months of full-time clinical experience within the program at the time that the application is submitted. Otherwise, a signed and completed CV form for each appropriate specialty area(s) must be submitted. CV forms are available at ARDMS.org/CV.

4. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

**Prerequisite 3B**
Note: All listed items must be met and completed prior to submission. See the Notes About the Prerequisites on page 11 for footnotes, definitions and complete details.

**Education**  
Graduate of or student in a Bachelor’s degree in sonography or vascular technology program or foreign degree equivalent to a Bachelor’s degree in sonography or vascular technology in the U.S. or Canada.

**Required Clinical Ultrasound/Vascular Experience**  
No additional experience is required.

**Documentation Required with Application**  
1. Copy of a Bachelor’s degree or copy of an official transcript earned in the U.S. or Canada or a copy of a formal foreign transcript evaluation report indicating that the degree is equivalent to a Bachelor’s degree in the U.S. or Canada.

2. Letter signed by an education program director verifying length of ultrasound or vascular experience. If program is not completed at the time of application, a letter signed by the program director indicating the graduation date and completion of appropriate clinical ultrasound experience is needed. Program directors must use the mandatory formatted student or graduate sample letters, available at ARDMS.org/SampleLetters.

3. Copy of a non-expired government-issued photo identification (ID) with signature; the first and last names on the ID must exactly match the first and last names in your ARDMS/APCA record.

4. Applicants must maintain a patient log indicating that he/she has performed a minimum of 500 clinical diagnostic studies/cases. This log does not need to be submitted with the application but may be requested as part of a random audit. This documentation should be maintained by the applicant for at least 36 months following the date of application.
Notes About the SPI Examination Requirement

- The SPI Examination Requirement applies to the SPI examination only.

- If the SPI examination is your first ARDMS examination (excluding PVI and MSK), please note: those who can fully meet an existing ARDMS prerequisite are strongly encouraged to apply under that prerequisite, as future application processing will be faster and easier.

- Applicants who have been approved to take one of the following examinations will apply as a re-applicant (no required supporting documentation) AB, BR, OB/GYN, FE, AE, PE, VT, PS, MSKS.

- A clinical verification (CV) form is not required for the SPI examination.

- To apply for an ARDMS specialty examination (AB, BR, OB/GYN, FE, AE, PE, VT, PS), an existing ARDMS prerequisite must be met.

Important: The name on all supporting documentation must be consistent and must match the name under which you apply. If it does not, you will need to submit legal documentation of the name change (e.g., marriage/divorce certificate) with your application summary page and all other supporting documentation. Visit ARDMS.org/NameChange for details.

Notes About the Prerequisites

1 A two-year allied health education program that is patient-care related is defined as (1) 24 full-time consecutive calendar months or (2) 60 semester credits or (3) 84 quarter credits and requiring a clinical internship/externship to complete the program. Credit hours are based on U.S. equivalency in a post-secondary institution. The program or school must be accredited by an accrediting agency to award semester or quarter credits and the type of credits granted must be reflected on the transcript. Transcripts reflecting clock hours must be converted to credit hours. If submitting a foreign degree, a formal course by course foreign transcript evaluation report must accompany the application summary and indicate the aforementioned requirements.

2 Full-time is defined as 35 hours per week, at least 48 weeks per year. If working part time, the requirements are prorated. Twenty hours per week would take approximately two years. The full-time requirement applies to both paid clinical ultrasound/vascular experience and experience earned through completion of a formal ultrasound/vascular program.

3 Clinical ultrasound/vascular experience may be obtained one of two ways: (1) being employed as an ultrasound/vascular sonographer in a clinical setting for a minimum of 12 months and a minimum of 1,680 hours, or (2) successfully completing a formal, full-time ultrasound/vascular program that is a minimum of 12 months in length, a minimum of 1,680 total program hours, including appropriate clinical and didactic hours, and requires a clinical internship/externship to complete the program. If the total length of the program exceeds 12 months, the Applicant must successfully complete the program in its entirety prior to using the program as documentation of the required clinical ultrasound/vascular experience. Note: the above two options are not applicable to Prerequisite 3B. To apply as a student under Prerequisite 3B, the Applicant must have completed a minimum of 1,680 hours of clinical scanning experience over a minimum of 12 months within the program. It is recommended that an Applicant be directly involved in a minimum of 800 diagnostic cases during his/her clinical experience in each specialty area for which he/she is applying. Clinical diagnostic settings include hospitals, clinics and private practices. ARDMS does not accept volunteer, instructorship, unpaid, barter or veterinarian experience. The time frames in which the education and clinical requirements are met cannot overlap. Additionally, if the Applicant is using an ultrasound program to meet the clinical ultrasound/vascular experience then credits from the program used to meet the educational requirement cannot be transferred into the ultrasound program. This would be considered an overlap and therefore unacceptable. Clinical experience earned to document the education requirement cannot also be used to support the clinical requirement.

4 The mandatory Prerequisite 2 Application letter (found on ARDMS.org/SampleLetters) is valid for one year from the date of graduation. If the application and appropriate supporting documentation are not received within one year from the date of graduation, after one year of successful completion of the program, the Applicant will need new documentation verifying successful program completion, and a current, completed, signed CV form for each applied-for specialty area will be required. A letter per student is required. First-time Applicants applying under Prerequisite 2 must apply for either the Sonography Principles & Instrumentation (SPI) examination or a specialty area that is included within the programmatically accredited curriculum.

5 The mandatory Student Prerequisite 3B Application Letter (found on ARDMS.org/SampleLetters), is valid through the expected graduation date. If the student chooses to apply after graduation, then the Graduate Prerequisite 3B Application letter (found on ARDMS.org/SampleLetters) and a current, completed, signed CV form for each applied-for specialty area will be required. A letter per student is required.

Note: If the Bachelor’s Degree sonography/vascular technology program is also programmatically accredited through one of the following: Council for Higher Education Accreditation (CHEA), United States Department of Education (USDOE), or Canadian Medical Association (CMA)/Canadian Health Standards Organization (HSO), and the students have graduated, then the prerequisite 3B students should apply under Prerequisite 2.

6 Students deemed eligible for examination under Prerequisite 2 or 3B prior to graduation must successfully complete said program in order to be able to keep any credentials awarded by the ARDMS. In the event that the student does not successfully complete said program, ARDMS, at its sole discretion, reserves the right to rescind any credentials earned.

7 Official transcripts may be opened so they can be uploaded into a MY ARDMS or MY APCA account for submission.

Note: Prerequisite requirements are subject to change at any time and from time to time. Applicants must meet current prerequisite requirements in effect at the time of application. ARDMS, in its discretion, may request from you or others information concerning matters that may be relevant to your eligibility for certification and certification status. Documentation received in a language other than English must include a notarized translation in English. All documents, communications, and other information received by ARDMS become the property of ARDMS and will not be returned.

Note: ARDMS, in its discretion, may request from you or others information concerning matters that may be relevant to your eligibility for certification and certification status. Documentation (MD licenses, CMEs, etc.) received in a language other than English must include a notarized translation in English and all submitted foreign degrees must be accompanied by a course by course evaluation done by a Foreign Education Transcript Evaluation Organization.

All documents, communications, and other information received by ARDMS become the property of ARDMS and will not be returned.

Impartiality

ARDMS functions under policies intended to demonstrate impartiality, high ethical standards, and validity of its certification assessments. ARDMS does not restrict Applicants, Candidates, or becoming a Registrant based on limiting conditions, such as membership of an association or professional society of any organization. ARDMS will not unfairly impede or inhibit access to its certification to Applicants, Candidates or Registrants who meet our stated policies regarding qualification requirements, renewal requirements and/or passing ARDMS’ psychometrically sound certification assessments.
Administrative Information

Online application payment is fast, easy and secure! Visit ARDMS.org/GetCertified today to find all the necessary information for submitting documentation and payments.

Examination Application Fees

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<tr>
<th>Examination Area</th>
<th>Fee</th>
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<td>Sonography Principles &amp; Instrumentation (SPI)</td>
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All fees include a $100 USD non-refundable processing fee.

A $50 USD fee will be assessed to individuals taking ARDMS examinations at international test centers (outside the U.S., Canada and Mexico). The fee will be charged at the time the examination is scheduled and is subject to change without notice.

Visit and bookmark ARDMS.org/GetCertified and select an examination to find the following information:

- How to Apply, Prepare and Schedule an Examination
- Content Outlines
- Application Resources
- Eligibility Chart
- Compliance and Legal Information
- Scoring and Examination Statistics

Physicians: You may hold ARDMS sonographer-level credentials. Since APCA is a companion Council to the ARDMS, you may apply and manage sonographer-level credentials through your MY APCA account. Visit APCA.org/GetCertified for more information.