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Inteleos and APA Partner to Offer Free Mental Health Resources to All Healthcare Professionals

Participation includes complimentary AMA PRA Category 1 CME Credit™

Rockville, MD, and Washington, DC, January 6, 2021 – [Inteleos](#), a non-profit global healthcare certification organization, and the [American Psychological Association](#) (APA), the leading scientific and professional organization representing psychology in the United States, are offering a complimentary three-part mental health webinar series to help healthcare professionals deal with the Coronavirus pandemic. All three webinar recordings include one free American Medical Association (AMA) PRA Category 1 CME Credit™. To date, nearly 11,000 healthcare professionals have viewed the webinars and earned the free credit.

“Healthcare workers have been on the frontlines of the COVID-19 pandemic since day one, saving countless lives and helping to keep millions healthy and safe,” said Dale R. Cyr, CEO, Inteleos. “We believe it is critical to give these heroes the tools and knowledge required to not only manage their mental health, but prioritize it, as well. We are proud to partner with the APA to share some of our resources with the healthcare industry.”

Complimentary Access to Mental Health Webinars for Healthcare Professionals:

- **[Effective Leadership & Self-Care Strategies in the Time of COVID-19 – Recorded Webinar](#)**
Featuring: Arthur C. Evans, Jr., Ph.D. – CEO and EVP, American Psychological Association
Leah Jolly, MSAH, RVT, RPhS, Vice-Chair of the ARDMS Council at Inteleos
Raymond Russell, MD, Ph.D., FACC, MASNC, Vice-Chair of the APCA Council at Inteleos
Moderator: Dale R. Cyr, MBA, CAE – CEO, Inteleos
1 complimentary AMA PRA Category 1 CME Credit™
- **[Battling Burnout in the COVID-19 Era – Recorded Webinar](#)**
Featuring: Mana K. Ali, Ph.D.
Moderator: Heather Richoux, RDMS, RDCS, Chair of the Inteleos Board of Directors
1 complimentary AMA PRA Category 1 CME Credit™
- **[Fostering Resiliency Through and Beyond COVID-19 – Recorded Webinar](#)**
Featuring: Leah Weiss, Ph.D, MSW and Lisa M. Brown, Ph.D., ABPP
Moderator: David Dawson, MD, Chair of the APCA Council at Inteleos
1 complimentary AMA PRA Category 1 CME Credit™

“The COVID-19 pandemic has exacerbated the already incredibly high demand for health care services in our nation, causing additional stress and anxiety for health care workers,” said Arthur C. Evans, Jr., Ph.D., CEO of the American Psychological Association. “By joining forces with Inteleos and their alliance of certification Councils, ARDMS, APCA and POCUS, we are able to provide our joint memberships of nearly 250,000 healthcare and psychology professionals an opportunity to better understand how they can cope with the stress and trauma they are experiencing in the workplace on top of the personal stressors they are facing as individuals and family members.”

Other Mental Health Resources from Inteleos include:

- [Leading Your Institution, Your Colleagues & Yourself Through Stressful Times – Recorded Webinar](#)
1 complimentary AMA PRA Category 1 CME Credit™
- [What is Moral Injury and How Does it Relate to What Healthcare Professionals are Experiencing During COVID-19? - Podcast](#)
- [How Can Leadership Support Psychological Readiness and Recovery for Healthcare Workers? - Podcast](#)
- Visit the mental health resources pages on [APA](#), [ARDMS.org](#), [APCA.org](#) and [POCUS.org](#) for additional resources to listen, read and watch.

About APA

The [American Psychological Association](#), in Washington, D.C., is the largest scientific and professional organization representing psychology in the United States. APA’s membership includes nearly 121,000 researchers, educators, clinicians, consultants and students. Through its divisions in 54 subfields of psychology and affiliations with 60 state, territorial and Canadian provincial associations, APA works to advance the creation, communication and application of psychological knowledge to benefit society and improve people’s lives.

About Inteleos

[Inteleos](#)™ is a non-profit certification organization that delivers rigorous assessments and cultivates a global community of professionals dedicated to the highest standards in healthcare and patient safety. Inteleos is the overarching governance and management organization for the American Registry for Diagnostic Medical Sonography® ([ARDMS](#)®) the Alliance for Physician Certification & Advancement™ ([APCA](#)™) and the [Point-of-Care Ultrasound Certification Academy](#)™ which together represents over 117,000 certified medical professionals throughout the world.

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